SHARMANS CROSS JUNIOR SCHOOL MENU

w/c 15 September 2014

MONDAY	Southern Style Chicken Breast
	Gammon Steak & Pineapple
	Cheese Whirl
	Soft Rolls
Tuesday	Beef Lasagne
	Roast Chicken Breast
	Quorn & Broccoli Bake
	Soft Rolls
Wednesday	Roast Beef
	Chicken Fricassee & Rice
	Quorn Fillet
	Soft Roll
Thursday	Pork & Apple Pie
	Deli Chicken Chunks in a Wrap
	Vegetable Lasagne
	Soft Rolls
Friday	Pizza
	Breaded Salmon
	Soft Rolls